



## Morals & Ethics part 1

The aim and object of this series is to give a quick five minute teaching that can be shared at registry with all of the high school each day. We will not venture into the philosophical areas of morality or ethics but will try, rather to put down norms and standards that are generally accepted as good right, and proper. We will be talking about a very wide range of topics. So take notes..

Today's topic is "Integrity"

Quote for the day "A life lived with integrity - even if it lacks the trappings of fame and fortune is a shining star in whose light others may follow in the years to come. ~ Denis Waitley."

Integrity not only sees things in black and white but insists that you inhabit the white only.

**The moral standard that is accepted and expected in this school is integrity at all times.**

**Integrity** is a concept of consistency of actions, values, methods, measures, principles, expectations, and outcomes. In ethics, integrity is regarded as the honesty and truthfulness or accuracy of one's actions. Integrity can be regarded as the opposite of hypocrisy in that it regards internal consistency as a virtue, and if people don't live up to their morals, it demands that they change.

A single lie destroys a whole reputation of integrity. ~ Baltasar Gracian.

Alexander the great had a young soldier brought to him for running away in the battle. He asked what his name was. The young man answered "Alexander sir". Alexander was enraged and roared at him "Either change your name or change your conduct!" and ordered him out of his sight.

He was not prepared to allow any person who had poor integrity to have his name.

**Proverbs 2:6-8** For the LORD gives wisdom; from his mouth come knowledge and understanding; he stores up sound wisdom for the upright; **he is a shield to those who walk in integrity**, guarding the paths of justice and watching over the way of his saints.

## Morals & Ethics part 2

Today's topic is "Honesty" – This is an aspect of integrity.

Quote for the day "Honesty is never seen sitting astride the fence. ~Lemuel K. Washburn"

Honesty always sees things in black and white and there is no in between ground for it.

**The moral standard that is accepted and expected in this school is honesty at all times.**

**Honesty** refers to a facet of moral character and denotes positive, virtuous attributes such as integrity, truthfulness, and straightforwardness along with the absence of lying cheating or theft.

The ultimate test of honesty is who you are when you are totally alone and under temptation. For example, you bump another car while parking. Nobody is hurt, the damage is insignificant and nobody knows you are responsible. What do you do, ignore it or leave a note with your contact details?

Honesty says you leave a note and offer to pay for the damages.

Another example – you are totally broke and hungry. You are left in a room where there is a table is stacked about 50mm high with money. You know for a fact that nobody has any way of knowing how much money is on the table. Do you take, say R50.00 to buy food?

Honesty says you will not touch one cent without it being given to you by the owner.

Honesty will make you come forward and be truthful no matter what the cost.

Make yourself an honest man, and then you may be sure there is one less rascal in the world. ~Thomas Carlyle

### **Morals & Ethics Part 3**

Today's topic is "Truthfulness" – This is an aspect of integrity.

Quote for the day "Let your yes be yes, and your no, no, lest you fall into condemnation."

**The moral standard that is accepted and expected in this school is truthfulness at all times.**

If you tell a lie, you will be found out and either have to tell another lie or admit that you lied. If you tell a second lie, the same applies and eventually all your lies will be found out and you will be exposed for what you are – a liar.

No man has a good enough memory to make a successful liar. ~Abraham Lincoln

If you don't tell the whole truth, you are leaving out part of the truth. This makes it a half truth. A half truth is half false – this is a lie.

A half truth is a whole lie. ~Yiddish Proverb

Not only will there be punishment for what you have done wrong but there will be punishment for the lies as well.

If you tell the truth, you will be known as truthful and people will be much more inclined to be merciful to you.

If you tell a lie, you will get known as a liar and next time they will expect a lie and will not believe you so easily.

The quote for the day is from James 5:12 "But before all things, my brothers, do not swear; neither by the heaven nor by the earth, nor any other oath. But let your yes be yes, and *your* no, no, lest you fall into condemnation." also look at Matthew 5:37 "But let your word be, Yes, yes; No, no. For whatever is more than these comes from evil."

Truthfulness will always tell the truth no matter what the cost.

### **Morals & Ethics Part 4**

Today's topic is "What is the purpose of sex?"

Quote for the day "Life is sexually transmitted!"

Any sex before marriage and outside of marriage is not morally right. Boys are not in a financial position to support a wife and rear a child.

**The moral standard that is accepted and expected in this school is that there will be no sex. Only when a man and a woman are married is sex permissible.**

Sexual abstinence is a sign of respect for your self and the person of person of the opposite sex.

Make a conscious and mature decision to uphold and take moral responsibility for every relationship.

Occupy your minds and behave in such a way that it would be pleasing to God!

Romans 12:1-2 I beseech you therefore, brothers, by the mercies of God to present your bodies a living sacrifice, holy, pleasing to God, *which is* your reasonable service. 2 And do not be conformed to this world, but be transformed by the renewing of your mind, in order to prove by you what *is* that good and pleasing and perfect will of God. (MKJV)

## **Morals & Ethics part 5**

Today's topic is "Clothes from a sexual point of view."

Quote for the day "If it **looks** like a duck, walks like a duck and quacks like a duck it probably is a duck"

Applying this quote : You are what you display and this is how others will see you.

**The moral standard that is accepted and expected in this school is that the clothes you wear will show that you are a person of good character with a high moral standard.**

Girls:

- ⤴ A blouse that shows too much or is see through or does not fit properly is not acceptable. Be aware of how you portray yourself and that you have self respect.
- ⤴ Skirts that are too short or see through damage your image.
- ⤴ Slacks that are too tight will show things that you do not want others to see. Ask yourself: will others make fun of me? Will I be gossiped about? What do these clothes say about my moral standards?

Boys:

- ⤴ Clothes that are too tight or reveal your muscular build are damaging to your reputation and character. It shows a lack of self respect and a lack of respect for all with whom you come into contact..

Make people notice you and complement you on your good taste and neat appearance.

## **Morals & Ethics part 6**

Today's topic is "Behaviour and good morals."

Quote for the day "Good behaviour or lack thereof tells people much about your character and morals."

**Behaviour that is accepted and expected in this school is that of young lady or young gentleman.**

What you say and the manner in which you say it should not create the wrong impression regarding the opposite sex. Flirting is a direct invitation to get more familiar. This can be interpreted in such a way that you can be thought to have low morals. Body language says lots.

When you sit wearing a skirt keep your feet together. Sit up straight do not lounge in a chair.

When standing be aware of what your body is "saying".

If he looks like a gentleman, walks and behaves like a gentleman and talks like a gentleman, then he is probably a gentleman. Either you are a lady or a gentleman or you are not. There is nothing in between.

## **Morals & Ethics part 7**

Today's topic is "Obeying those in authority"

Quote for the day "I will obey every law, or submit to the penalty. ~ Chief Joseph"

**Every person in this school is expected to obey (listen and do as told) those in authority (staff at school, government etc.).**

Nobody likes having to lead people who do not obey. It becomes a burden. Leading people who willingly obey is a pleasure and a joy.

Hebrews 13:17 Obey your leaders and submit to their authority. They keep watch over you as men who must give an account. Obey them so that their work will be a joy, not a burden, for that would be of no advantage to you. (NIV)

If you disobey those in authority, soon there will be punishment coming your way.

Romans 13:4 The authorities are God's servants, sent for your good. But if you are doing wrong, of course you should be afraid, for they have the power to punish you. They are God's servants, sent for the very purpose of punishing those who do what is wrong. (NLT)

The choice is very simple, obey those in authority over you and live in peace or disobey them and face their wrath.

## **Morals & Ethics part 8**

Today's topic is "Respect"

Quote for the day "Without feelings of respect, what is there to distinguish men from beasts? ~ Confucius"

**Every person in this school is expected to have respect for themselves as well as one another and especially those in authority.**

Respect is very important in ethnic cultures. There are four areas of respect that are very important:-

⤴ Respect God!

Proverbs 1:7 The fear of the LORD is the beginning of knowledge; fools despise wisdom and instruction. (ESV)

The fear for the Lord mentioned here is in the form of deep reverence and respect for God.

⤴ Respect those in authority over you.

Romans 13:4 The authorities are God's servants, sent for your good..... (NLT)

If they are God's servants and you respect God, then you must respect them.

⤴ Respect your fellow man.

Romans 13:7-8 Pay to all what is owed to them: taxes to whom taxes are owed, revenue to whom revenue is owed, respect to whom respect is owed, honour to whom honour is owed. 8 Owe no one anything, except to love each other, for the one who loves another has fulfilled the law (ESV)

⤴ Respect yourself.

"Never violate the sacredness of your individual self-respect. ~ Theodore Parker"

It is better to say no to people who want you to do things that you know are wrong and keep your self-respect.

## **Morals & Ethics part 9**

Today's topic is "Time keeping"

Quote for the day "Lost time is never found again. ~ Benjamin Franklin"

**Every person in this school is expected to be on time for every appointment/class.**

Negotiators know that if they are late and have not apologised and rescheduled in advance, they may as well not go as they have lost the deal by being late.

Tips for being on time:

- ⤴ If you have more than one watch/clock, all your devices need to be set to the correct time.
- ⤴ Make sure you have enough time to finish what has to be done before you leave.
- ⤴ Get a time planner or diary and use it..
- ⤴ Calculate the time taken to travel to where you are going and make sure you have left time for anything unexpected..
- ⤴ Be clear on where you need to go to and how to get there.
- ⤴ Plan to be early. This may mean that you need to run.
- ⤴ Get everything ready beforehand.
- ⤴ Leave when it is time to leave.

Waste your money and you're only out of money, but waste your time and you've lost a part of your life. ~ Michael LeBoeuf

## **Morals & Ethics part10**

Today's topic is "Considering other people"

Quote for the day "Courteousness is consideration for others; politeness is the method used to deliver such considerations. ~ Bryant H, McGill

**Every person in this school is expected to be considerate.**

Respect is a root of being courteous in Ethnic as well as European, Asian and many other cultures teach that being courteous is very important. We would all gain much if we remembered this and applied this to our lives.

Civilisation is based on an interaction of people. Just as a fabric is dependant on every thread being in place and holding the threads around it in place, so a community is dependant on the interaction of every person with those around them.

No man is an island. No man stands alone. ~ Dennis Brown.

This is very important; we need to consider those we interact with.

A young medical student wrote a test on bedside manner. One of the questions was for 85% of the marks – it read "What is the name of the lady that changes the bed pans at night in the ward?" Every person deserves to be recognised – especially those who quietly serve others.

How many the people who serve you in Pick-n-Pay (or where you regularly do your shopping) do you know by name without having to read the name tag?

The only true source of politeness is consideration. ~ William Gilmore Simms

## **Morals & Ethics part 11**

Today's topic is "Manners"

Quote for the day "A man's manners are a mirror in which he shows his portrait. ~ Johann Wolfgang von Goethe

**Every person in this school is expected to have good manners.**

Good manners are expected in Ethnic as well as European, Asian and many other cultures. We would all gain much if we remembered this and applied this to our lives. The manners are different in the different cultures but they all have the root of respect and express consideration for other people. Spend a little time with the people and you soon learn the manners of the culture.

Teach good manners and the student's life will carry your teaching to all that he/she meets.

Good manners are appreciated as much as bad manners are abhorred. ~ Bryant H McGill

Good manners have much to do with the emotions. To make them ring true, one must feel them, not merely exhibit them. ~ Amy Namderbilt

Good manners will open doors that the best education cannot. ~ Clarence Thomas

Wearing the correct dress for any occasion is a matter of good manners. ~ Loretta Young

Be polite; write diplomatically; even in a declaration of war one observes the rules of politeness. ~ Otto von Bismarck

Punctuality is the politeness of kings. ~ Louis XVIII

## **Morals & Ethics part 12**

Today's topic is "Classroom manners"

Quote for the day "The classroom should be an entrance into the world, not an escape from it. ~ John Ciardi.

**Every person in this school is expected to have good classroom manners.**

Children learn and remember at least as much from the context of the classroom as from the content of the coursework. ~ Lawrence Kutner

Students and the students manners in class do more to make a good teaching and learning experience than anything else in the class. Without good classroom manners, nothing else can happen in order.

Students must:

- ⤴ Be on time for class
- ⤴ Keep quiet in class
- ⤴ Put up their hand if they want attention from the teacher
- ⤴ Switch off cell phones and put them away before class.
- ⤴ Have their books in class
- ⤴ Have their work up to date.
- ⤴ Use the toilet before school, and at break-time as this will reduce class interruptions.

## **Morals & Ethics part 13**

Today's topic is "Phone and Cell phone manners"

Quote for the day "My kids idea of a hard life is to live in a house with only one phone. ~ George Forman

**Every person in this school is expected to have good Phone and Cell phone manners.**

Why do people always gesture with their hands when they talk on the phone? ~ Jonathan Carroll

To interrupt a person is considered very bad manners. This is what phones are designed to do and to handle a phone in a manner that prevents offence to the people you are with, and the caller is a little thing called voice mail. However there is nothing more irritating than a person who does not return messages, so if you don't return messages, be honest and put this fact in you voice mail message.

The sound of a phone ringing is a very nagging thing, calling us to be rude to the people we are talking to. The solution is a little thing called putting the phone on silent.

If you must be able to get a message while in a meeting/class, the solution is sms.

Students are expected to put their phones off during class. Staff are expected to keep their phones on and silent so that they can receive sms messages. If someone (like a parent) wants a student urgently, they can contact the teacher through the office.